

Temperature Anomaly Log

Document a temperature change and test normal environmental causes.

Case ID / observer / location

Date / time / time zone

Sensor ID / measurement type / units

Baseline / reading / uncertainty

Position / distance / surface or air

HVAC, airflow, doors, humidity

Repeat / comparison sensor / controls

Associated observations / file IDs

Conventional explanation / limitations

OBSERVE > DOCUMENT > TEST > ANALYZE > ATTEMPT TO EXPLAIN > REPORT

Keep originals. Record times, units, uncertainty, contamination, and source references.

E0 Explained | E1 Probably Explained | E2 Insufficient Information | E3 Unresolved | E4 Anomalous

E4 does not automatically establish a paranormal cause. Use continuation sheets if needed.